



# THE LEGACY STORY JOURNAL

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*10 Prompts to Write Down Your Story  
Before It Slips Away*

THIS JOURNAL BELONGS TO

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and is written for

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## A Letter From Julie

*Before you begin, read this.*

There's a song I haven't written yet. It lives somewhere between what I remember and what I'm afraid to forget — and I'll bet you have one too.

I've spent years putting words to music, trying to nail down the feeling of a dirt road at dusk, or the sound of a screen door closing for the last time. What I've learned is this: **the stories that seem ordinary to you are the ones your family will treasure forever.**

The recipe written in your grandmother's handwriting. The summer you drove across three states on a prayer and a half-tank of gas. The moment you knew who you were — or the moment you stopped knowing. These are the things that make a life. And they deserve to be written down.

This journal is not about being a good writer. It is about being an honest one. Answer one prompt a week, or all of them in one sitting with a cup of coffee. Skip the ones that aren't ready yet. Come back to them. There's no grade here and no deadline. Just your story, finally getting the page it deserves.

When you're done, tuck it somewhere safe — and maybe consider what else you're doing to protect the life this story represents. Because a legacy isn't just words. It's what you leave behind when the words run out.

Now pick up your pen. Let's get started.

— Julie Kilcrease-Holliday

*Grandview, TX | Songwriter, Agent, Momma*

*"The story of your life is the greatest gift you can leave behind."*

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## How to Use This Journal

**1 There are no wrong answers.**

This is your story. There is no version of it that is incorrect.

**2 Write in whatever voice shows up.**

Sometimes it'll be the version of you that's already figured things out. Sometimes it's the one still in the middle of it. Both are welcome here.

**3 You don't have to go in order.**

If Prompt 7 lights you up before you've touched Prompt 1, start there. Let the story lead.

**4 Leave space to come back.**

You may write three lines today and three more in six months. That's not giving up — that's how real stories get told.

**5 Share it when you're ready.**

Or don't. But consider this: the people who love you are already wondering about these things. This journal is one way to answer them.

**6 Protect what you're writing about.**

When these pages are full, ask yourself what plan you have in place to protect the life they describe. That's where I come in — as your neighbor, not just your agent.





















# You Did Something Brave.

*Finishing this journal — or even just starting it — matters.*

Most people go their whole lives without writing a single word of their story. You just changed that.

What you've put on these pages is irreplaceable. No app can generate it. No AI can recreate it. It is entirely, completely, **yours** — and now it belongs to the people you love too.

But here's the question I have to ask you, because it's the one I ask every family I sit down with:

**If something happened to you tomorrow, is the life you just described protected?**

The stories you wrote here — the hard miles, the people you'd do anything for, the things you want your kids to never forget — those things deserve a plan behind them. Not because you're planning to leave. But because you're planning to *stay* in their lives as long as humanly possible, and leave something solid when you can't.

I'm Julie. I'm not a salesperson who will pressure you into something you don't need. I'm a songwriter and a momma from Grandview, Texas, who happens to be a licensed independent agent. I help hard-working families find the sense in their finances and the security in their legacy.

**Let's talk for 10 minutes. No pressure, no pitch — just a conversation.**

**Book Your Free 10-Minute Legacy Check-Up**

[mother-sense-momma.com](https://mother-sense-momma.com)

*Julie Kilcrease-Holliday | Independent Agent | Grandview, TX*